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**LIFE-SAVING CPR KIOSK NOW OPEN AT CARNEGIE SCIENCE CENTER**  
***AMERICAN HEART ASSOCIATION KIOSK TEACHES HANDS-ONLY CPR IN 5 MINUTES***

**PITTSBURGH, June 6, 2017** — Every year, more than 350,000 cardiac arrests occur outside of the hospital and more than 20 percent occur in public places like airports, casinos and sporting facilities. Carnegie Science Center has installed a new kiosk in Highmark SportsWorks® that could mean the difference between life and death.

**Stayin' Alive, The FedEx Ground CPR Training Kiosk** teaches Hands-Only CPR and helps users understand how they can immediately help a person who experiences a cardiac emergency.

Developed by the American Heart Association, the kiosk features a touch screen with a video program that provides a brief introduction and overview of Hands-Only CPR, followed by a practice session and a 30-second test session. With the help of a practice manikin, or a rubber torso, the kiosk gives feedback about the depth and rate of compressions and proper hand placement, factors that influence the effectiveness of CPR. The entire training takes about five minutes.

A similar kiosk in the Dallas airport saved the life of a Hampton Township man. Sean Ferguson was struck by lightning and went into cardiac arrest. A bystander, who learned Hands-Only CPR from a kiosk while traveling through the airport, saved his life.

"We know that CPR saves lives, and the more people who know how to perform it, the safer our community will be," said Sandra Volpe, senior vice president at FedEx Ground. "It is our hope that this kiosk will make learning hands-only CPR easy and accessible, so that those who complete the training

feel confident that they can step in to help when needed. By furthering education and awareness of CPR, together, we can all save lives.”

The two simple steps of Hands-Only CPR are: if a bystander sees a teen or adult collapse, he or she should first call 9-1-1. Then push hard and fast in the center of the chest to the beat of “Stayin’ Alive,” which has 100 beats per minute (bpm). The Bee Gees’ song has the minimum rate for chest compressions during Hands-Only CPR.

The new kiosk has been installed near the main ramp in SportsWorks® and is now open for the public to try on their next visit to Carnegie Science Center.

For more about Highmark SportsWorks®, visit [www.CarnegieScienceCenter.org](http://www.CarnegieScienceCenter.org).

To learn more about the Hands-Only CPR campaign and learn how to save a life, visit [www.heart.org/handsonlycpr](http://www.heart.org/handsonlycpr) or [facebook.com/AHACPR](https://facebook.com/AHACPR).



#### **About Carnegie Science Center**

Carnegie Science Center is dedicated to inspiring learning and curiosity by connecting science and technology with everyday life. By making science both relevant and fun, the Science Center’s goal is to increase science literacy in the region and motivate young people to seek careers in science and technology. One of the four Carnegie Museums of Pittsburgh, the Science Center is Pittsburgh’s premier science exploration destination, reaching more than 700,000 people annually through its hands-on exhibits, camps, classes, and off-site education programs.

#### **About Carnegie Museums of Pittsburgh**

Established in 1895 by Andrew Carnegie, Carnegie Museums of Pittsburgh is a collection of four distinctive museums: Carnegie Museum of Art, Carnegie Museum of Natural History, Carnegie Science Center, and The Andy Warhol Museum. In 2016, the museums reached more than 1.4 million people through exhibitions, educational programs, outreach activities, and special events.

#### **About the American Heart Association**

The American Heart Association is devoted to saving people from heart disease and stroke – America’s No. 1 and No. 4 killers. We team with millions of volunteers to fund innovative research, fight for stronger public health policies, and provide lifesaving tools and information to prevent and treat these diseases. The Dallas-based association is the nation’s oldest and largest voluntary organization dedicated to fighting heart disease and stroke. As part of our dedication to save lives, we are setting out to train all Americans in lifesaving Hands-Only CPR. To learn more or to get involved, call 1-800-AHA-USA1 , visit [heart.org](http://heart.org)  or call any of our offices around the country.

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