GIANT EAGLE “HEALTH SMART” SERIES CONTINUES AT CARNEGIE SCIENCE CENTER

OCT. 13

GIANT EAGLE NUTRITION TEAM TO OFFER HEALTHY SNACK TIPS FROM 11 AM – 2PM

PITTSBURGH, Oct. 3, 2012— The Giant Eagle Nutrition Team will offer its “Health Smart” nutrition education series at Carnegie Science Center on Saturday, Oct. 13 from 11 am – 2 pm.

Themed Health Smart Snacking, the October program will feature healthy after-school snack ideas, as well as provide some ideas for Halloween alternatives for parties and trick-or-treaters. Visitors will be able to participate in hands-on meal planning and spend one-on-one time with registered dietitian Judy Dodd.

Upcoming topics will focus on diabetes awareness and cold weather survival to help visitors stay active and eat healthy during the winter months.

Activities are free with general admission to the Science Center. For more information, visit CarnegieScienceCenter.org.

About Carnegie Science Center
Carnegie Science Center is dedicated to inspiring learning and curiosity by connecting science and technology with everyday life. By making science both relevant and fun, the Science Center’s goal is to increase science literacy in the region and motivate young people to seek careers in science and technology. One of the four Carnegie Museums of Pittsburgh, the Science Center is Pittsburgh’s premier science exploration destination, reaching more than 700,000 people annually through its hands-on exhibits, camps, classes and off-site education programs.

About Carnegie Museums of Pittsburgh
Founded by Andrew Carnegie in 1895, Carnegie Museums of Pittsburgh is a collection of four distinctive museums dedicated to exploration through art and science: Carnegie Museum of Art, Carnegie Museum of Natural History, Carnegie Science Center, and the Andy Warhol Museum. Annually, the museums reach more than 1.2 million people through exhibitions, educational programs, outreach activities and special events.

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