HIGHMARK SPORTSWORKS TO HOST OLYMPIC-THEMED ACTIVITIES

ACTIVITIES CELEBRATE THE AMAZING SCIENCE OF SPORTS

PITTSBURGH, Aug. 1, 2016 – Carnegie Science Center invites guests to channel their inner athlete and join in on the fun at Highmark SportsWorks® Olympic Science Weekends. On Aug. 6-7, 13-14, and 20-21, visitors are invited to take part in special, Olympic-themed sports activities while the games are in session. Activities are included with general admission.

On Saturday, August 6, a gymnastics theme will have visitors flipping with excitement. Pittsburgh Gymnastics Club will be on site from 12:30 - 3:30 pm. Gymnastics demonstrations will begin with the club’s preschool group and end with their competitive team. Guests can test out their own gymnastics moves on SportsWorks’ Bounce! Trampoline with twists, flips, and spins.

Guests can “train” for other Olympic sports during all three weekends. Hoops Vision puts basketball skills to the test -- with a twist. Visitors try their hand at making a basket while looking through optical goggles that flip the world upside-down. Would-be sprinters can see how their skills might stack up in Rio at the Olympic Sprint. Competitors race down a full-size, 10-meter dash to see how their time compares with an Olympian's. The Vertical Jump will prepare guests for an Olympic high jump, as they hit the highest button they can reach.

Find out how Olympic athletes keep their bodies healthy by checking out the stations of LifeWorks. Test cardio fitness in a stair-stepping activity, discover how the mechanics of physical motion work by experimenting with different joints found in the human body, check lung capacity and heartrate, and more. Guests can also play a giant game of Operation, and learn about some of the most common injuries athletes go through.

Highmark SportsWorks® is open during regular Science Center hours and is included with general admission. To learn more, visit www.CarnegieScienceCenter.org.
About Carnegie Science Center
Carnegie Science Center is dedicated to inspiring learning and curiosity by connecting science and technology with everyday life. By making science both relevant and fun, the Science Center's goal is to increase science literacy in the region and motivate young people to seek careers in science and technology. One of the four Carnegie Museums of Pittsburgh, the Science Center is Pittsburgh’s premier science exploration destination, reaching more than 700,000 people annually through its hands-on exhibits, camps, classes, and off-site education programs.

About Carnegie Museums of Pittsburgh
Established in 1895 by Andrew Carnegie, Carnegie Museums of Pittsburgh is a collection of four distinctive museums: Carnegie Museum of Art, Carnegie Museum of Natural History, Carnegie Science Center, and The Andy Warhol Museum. In 2015, the museums reached more than 1.4 million people through exhibitions, educational programs, outreach activities, and special events.

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